

Ein Gemeinschaftsprojekt / un projet commun de ghyps/smsb

Vom 30.Sept. – 02.Okt. 2011 in Bern

Du 30.Sept. – 02.Oct. 2011 à Berne:

"Applying Hypnosis in Strategic Psychotherapy"

Workshop mit Michael Yapko, Ph.D., M.H.Erickson Institute, San Diego
Schüler von Jay Haley (†), dem Meister der strategischen Therapie/ compagnon de
Jay Haley (†), pionnier de la psychothérapie stratégique



Michael Yapko is a Fellow of the American Society of Clinical Hypnosis, recipient of *The Milton H.Erickson Lifetime Achievement Award* (2007) and honoured with many awards of several very famous societies of clinical hypnosis. Also, Michael is an international expert in treating depression: Am ESH Kongress in Wien 2008 hatte Michael eine hervorragende packend-praxisnahe Präsentation zum Thema: **Hypnosis and Positive Psychology: Implications for Treating Depression and Overcoming Trauma** angeboten!

Au congrès de l'ESH à Vienne au 2008, Michael a donné un séminaire au sujet **Hypnosis and Positive Psychology: Implications for Treating Depression and Overcoming Trauma** avec d'excellentes feedbacks !

Workshop Topics in Bern 2011: Applying Hypnosis and Directives in Strategic Psychotherapies (Abstract of Michaels workshop description):

This 3-days course will provide many insights into the dynamics of integrating patterns of hypnosis with the core skills of effective psychotherapy. This workshop will be not only a training in the dynamics of applying hypnosis skillfully, it is also a training in learning to think and intervene strategically. Participants will observe a live, unrehearsed clinical demonstration to provide the opportunity to observe the process of interviewing for key patterns that regulate a client's symptoms, then organizing and providing a structured hypnosis session designed to alleviate those symptoms. As further workshop learning objectives, participants will learn to develop therapeutic sequences for the unfolding in the therapy process and to integrate hypnosis with other empirically supported psychotherapeutic approaches. The workshop will be structured flexibly to allow for practice sessions, discussion, and question-and-answer sessions.

Ort / lieu /Dates:

Bern, 30.09. – 02.10.2011

Conditions:

Health professionals who have had previous formal training in hypnosis. Participants **must** have previous experience in performing hypnotic inductions and facilitating hypnotic phenomena. This is **not** a beginning level course.

Registration Deadline: 01.06.2011

Registration/Inscription: www.hypnos.ch

Kosten / Coûts:

CHF 700.- (Mitgl./Membres) / 750.- (Nicht-Mitgl./Non-Membres)

Sprache / Langue:

english (bei Bedarf Uebersetzung/traduction si necessaire). Michael speaks a clear, comprehensible english !

Attention:

Early bird-Rabatt/-Rabais for registration until to the

30.09.2010: CHF 650.- (Mitgl./Membres) / 700.- (Nicht-Mitgl./Non-Membres)

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